

## Winter Lunch Menu

### Homemade Deli Lunch

Choose any 3 salads (listed below) | £8.95

Your choice of today's *quiche* with any 2 salads | £10.45

Your choice of *handmade scotch eggs* with any 2 salads | £9.45

Your choice of *handmade sausage rolls* with any 2 salads | £9.45

*Spanakopita* (feta cheese and spinach encased in layers of filo pastry, served warm) with any 2 salads | £9.45

ROASTED ROOT VEGETABLES IN A MISO GLAZE | Roasted beetroot, roasted carrot, red onion, sticky miso glaze  
ROAST PARSNIP AND LENTIL | Roasted parsnips, toasted walnuts, puy lentils honey and mustard vinaigrette  
SPICY SWEET POTATO AND WILD RICE | Roasted sweet potato, cashew nuts, rocket, wild rice and lemon vinaigrette  
SHREDED BRUSSEL SPROUT AND SUNSHINE DRESSING | Brussel sprouts, rocket, pecans, dried cranberries, yoghurt honey and mustard dressing

### Winter Warmers

SWEET POTATO AND BEAN CHILLI | Smokey sweet potato and bean chilli. Served with, crushed avocado and toasted sourdough | £8.45

COMFORTING CASSOULET | Slow cooked white bean stew with bacon and garlic sausage. Served with toasted sourdough | £9.45

PIE AND MUSHY PEAS | Choose one of our handmade pies, served hot with mushy peas and toasted sourdough | £9.45

### Deli Sandwiches

All sandwiches are served with Brown Bag crisps or a green salad. £6.90

Add a side of deli salad for an extra £2.00

CHICKEN AND BACON CLUB | Hot chicken and bacon, mayonnaise, lettuce, tomato, red onion. Served in locally made white sourdough bloomer

RARE ROAST BEEF | Roast beef, Cropwell Bishop Stilton, Tracklement's Red Onion Marmalade, lettuce, tomato, cucumber, red onion. Served in a multi-seed brown bap

THE BBC | Bacon, brie, cranberry sauce (of course!), leaves, tomato, cucumber. Served in a freshly baked baguette

VEGGIE DELUXE WRAP | Warm falafel, roasted peppers, hummus, leaves, tomato, cucumber. Encased in wrap

TOASTED ITALIAN | Pesto, sundried tomatoes, mozzarella. Served in a toasted ciabatta

Why not add sliced chicken breast for an additional £2.00

BILLY | Goats cheese, Tracklement's red onion marmalade. Served in a toasted ciabatta

DELI | Mature cheddar, freshly sliced deli ham, Tracklement's country garden chutney, leaves. Served in a crusty white baguette

GONE FISHIN' | Tuna in a lemon and cracked black pepper mayonnaise, cucumber and lettuce. Served in locally made malted wheat bloomer

CREATE YOUR OWN | If none of the above are up your street you can create your own - £7.50

### Hampers Homemade Soup of the Day

Please see the blackboard for our soup of the day. Served with locally made sourdough £4.95

Add one of our hearty sandwiches £8.95

### Freshly Baked Jacket Potatoes

All jackets potatoes are served with butter and a green salad made with locally grown mixed leaves £6.25

HAMPERS BEAN CHILLI | Hampers sweet potato and bean chilli and sour cream

TUNA | Tuna in a lemon and cracked black pepper mayonnaise

BEANS AND CHEESE | Baked beans and mature cheddar

PRAWN | Prawns in Hampers homemade Marie Rose Sauce

GOATS CHEESE | Crumbled goats cheese and cracked black pepper

**ASK ABOUT SMALLER DISHES FOR SMALLER APPETITES**

**BE SURE TO LOOK AT OUR SPECIALS BOARD FOR DELICIOUS SEASONAL LUNCHESES, FRESHLY BAKED CAKES AND OTHER DELIGHTS**